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Weight Loss - A Multidisciplinary PerspectiveCompanion to Psychiatric Studies E-Book Hubertus Himmerich Eve C Johnstone
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this book covers timely aspects of weight loss related to the microbiome gut brain axis ultra processed food probiotics bariatric and endoscopic surgery lifestyle interventions patient centered communication and shared decision making thus it covers a range of recent developments in the gut eating and weight disorders and provides new ideas and hope for patients clinicians and researchers in the field

2011 bma book awards highly commended in psychiatry a new edition of a classic textbook now published for the first time with colour covering the entire subject area both basic sciences and clinical practice in an easily accessible manner the book is ideal for psychiatry trainees especially candidates for postgraduate psychiatry exams and qualified psychiatrists new edition of a classic text with a strongly evidenced based approach to both the basic sciences and clinical psychiatry contains useful summary boxes to allow rapid access to complex information comprehensive and authoritative resource written by contributors to ensure complete accuracy and currency of information logical and accessible writing style gives ready access to key information ideal for mrcpsych candidates and qualified psychiatrists expanded section on psychology including social psychology to reflect the latest mrcpsych examination format discussion of capacity and its relationship to new legislation text updated in full to reflect the new mental health acts relevant chapters now include discussion of core competencies and the practical skills required for the mrcpsych examination includes a section on the wider role of the psychiatrist including teaching and supervision lifelong learning and working as part of a multidisciplinary team including dealing with conflict discipline and complaints includes new chapter on transcultural aspects of psychiatry enhanced discussion of the use of the best current management options both pharmacological and psychotherapeutic the latter including cbt including its use in the treatment of psychosis and group couple and family therapy

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